



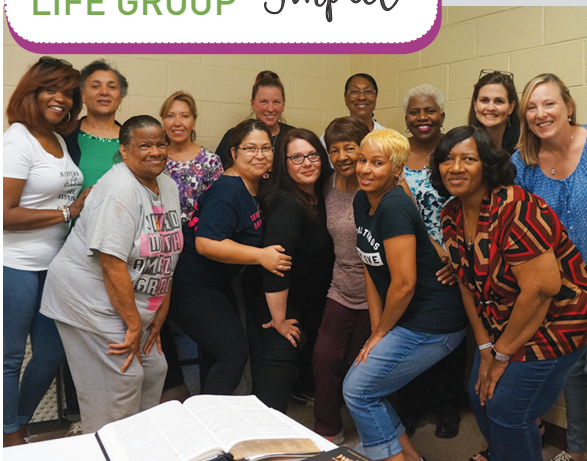
BI-MONTHLY NEWSLETTER | SUMMER 2019

## Summertime!

*Beth Canterbury*, Central Women Director

I love the slower pace of summer. I love to do a lot of reading in the summer and getting together with friends! Central Women has opportunities for both this summer! Check out the summer book club, and also our Summer Starbucks Challenge! With less weeknight commitments, summer is a great time to meet another woman for a walk or coffee and get to know them on a deeper level. Need help getting connected at Central? We are here to help! Reach out to [women@worshipatcentral.org](mailto:women@worshipatcentral.org). Here's to lots of sunshine, play and deeper connections this summer!

### LIFE GROUP *Impact*



### What does it mean to battle in prayer for victory in your life?

To move from a lukewarm faith to one that is vibrant and power-filled? A group of women have been studying various themes from the movie "War Room" starring Priscilla Shirer. Newcomer Andree Falco has enjoyed "meeting new Christian women and re-connecting with others" and learning about the "importance of accountability/mentoring". Through our study and through our weekly prayer partnering, we are learning to walk in grace and strength.

## Becoming a Woman of Influence Workshop #2

41 women gathered on May 10 for a workshop designed to equip them to impact other women in their journey with Jesus. We learned three different techniques/tools for explaining the gospel message to someone else. It is awesome that Central Women desire to be equipped for spiritual conversations with whomever God puts in their path to influence for HIM!



## ONE DAY Gathering

It was a spirit-filled day, as over 165 women gathered on April 6 for our ONE DAY Gathering! We enjoyed food, conversation, energetic worship, and prayer for each other. Priscilla Shirer (via live simulcast) inspired us to abide in Christ – and gave us tools for how to better hear the voice of God as we read scripture.





## SPOTLIGHT *Feature*

### Shelly Cordas: I was born in New Jersey and raised in Fieldsboro/Florence.

My siblings, cousins, and I were raised in a Christian home by our loving and faithful mother/aunt, grandparents, and aunt. My "parents" were always taking people into our home and family. My mom and grandmother taught me to serve/give without asking anything in return, love without condition, and keep fighting no matter what the circumstance. I attended college at Rutgers University in New Brunswick. I was drawn to the psychology field because I knew I could use my spiritual gifts of wisdom, discernment, encouragement, healing, and mercy to connect to people through counseling. I attended graduate school at The College of NJ, where I received my Master's degree in Counseling and later became a Licensed Professional Counselor. Over the past 10 years, I have worked as a therapist in a variety of settings. My heart is to work in underprivileged/undeserved communities planting seeds of hope. I have also been serving in youth ministry for the past eighteen years. Currently, I am a youth leader for high school at Central, and I mentor teen/young adult girls regularly. My husband and I have been together for seventeen years, married for eleven years. We have two sons, Gabriel who is five and Ellis is two, and one child on the way. In our spare time, we enjoy outdoor adventures, attending art/cultural events, and trying new experiences together as a family. We are also Disneyworld fanatics and go almost every year. I've been a full-time stay-at-home mom over the past five years while working part-time as a therapist. Surviving cancer, tremendous loss/grief, and fertility issues have all molded me into the person that I am today. I know firsthand about God's healing power, unending love, and ability to make a way when there is no way. Through my most difficult times, God has been constant, my strength, and my hope. My husband and I have started the process for foster care. We know the value of love and stability in changing the trajectory of someone's life. My story is full of pain, but it's also full of hope, faithfulness, unending love, and victory because of Jesus. That's the message I want to speak into the lives of any child we bring into our home.



## UPCOMING *Events*

### Summer Starbucks Challenge TWO women, THREE meetings

This summer pick a woman that you would like to learn from — a woman that can share about their life and how they followed Jesus during different seasons and trials.

**SUMMER  
STARBUCKS  
Challenge**



Ask that woman to meet with you three times this summer — for coffee, for a walk, or for a meal! As you share about life and faith, our hope is that you will grow in your journey with Jesus. The first twenty pairs of women that sign up will receive a \$10 gift card to Starbucks to use if you choose to meet there for coffee or tea. **Sign up on the church website, or by emailing [women@worshipatcentral.org](mailto:women@worshipatcentral.org)** with your names and indicate if you need help finding a mentor. We will then send you more information and resources that can help guide your time together.

### Summer Book Club July 8, Aug 1, and August 29 at 7pm

Take some time for yourself this summer to read for pleasure, and then debrief with some sisters! We'll be reading three books independently, then coming together to discuss each one at a local coffee shop once a month over the summer. Our books will cover three very different genres to keep our discussion lively and our synapses firing during the heat. Email Mikaela for more info!  
[mikaela.levons@gmail.com](mailto:mikaela.levons@gmail.com)



### Save the Date **Retreat 2020!!** March 27 - 29, 2020 Blackrock Retreat in Quarryville, Pa.

### Central Women's Team

Beth Canterbury	Ann McKithen	Jodi Weyrich
Sara Summiel	Michelle Carmen	Gwen Jennings
Bridgette Jordan		Mikaela Levons
Smriti Singh: <i>newsletter coordinator</i>		
Nancy Skreener: <i>newsletter editor</i>		